

SOIL SHAKERS!



&



CENTER FOR HEALTHY
AIR WATER AND SOIL

Get ready to do **soil science** at home!

- In this **Soil Shakers** activity you will compare two soil samples.
- You will use the **Scientific Method** to learn about your soil.
- With your new knowledge, find out if your soil is *healthy*. **Let's GO!**



What you'll need



1

Print out this **activity book** or grab some paper. A **pencil** for notes and **marker** to label.



2

Find **2 clear glass jars** with lids. Pickle jars are perfect for this. Just clean with soap & water and remove the label.



3

A **spade**, **gardening trowel**, or **screwdriver** to loosen and remove a soil sample.



4

Partner with an adult, sibling or friend to help each other learn about soil!

What is *SOIL*?



Soil is all the surface of the earth that isn't water and ice. It is a mixture of **rocks, decaying plants & animals, water, & air**. It provides the **plants** we eat with the **nutrients** we need to grow and be *healthy*!

What makes **soil healthy**?

● **humus** *pronounced hyoo-muss*

Humus is the part of soil that is **decaying plants and animals** that provide **nutrients** to our food.

● **loam** *rhymes with Rome*

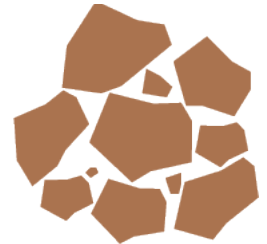
Loam is the right mix of **sand, silt, clay** and **humus** that is *healthy* for plants.

Answer this!

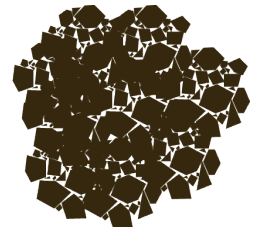
Why is healthy soil good for you?

Soil rocks come in 3 kinds

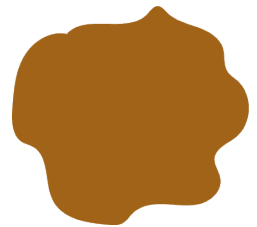
1 **sand**
air ■■■■
water ■



2 **silt**
air ■■
water ■■



3 **clay**
air ■
water ■■■■



Can **soil be unhealthy**?

Yes. **Pollution & contamination** from human activity can leave chemicals and litter like plastic in the soil. This makes soil unhealthy which affects our **food** and **water**.

The Scientific Method

This is your science logbook - keep notes and make it your own!

name _____ date _____

1 Ask a QUESTION

Now that you have learned about soil, what **questions** do you have?
Write them here.

Example: *Which soil sample is healthier? Do plants grow in this soil?*

Question:

2 Do background RESEARCH

Select **2 different sites** to take soil. Before you dig, **observe** each site and take notes. **Compare & contrast.**

make a LIST

1	2
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

write SENTENCES

1	_____
_____	_____
_____	_____
_____	_____
2	_____
_____	_____
_____	_____
_____	_____

DRAW what you see

1	_____
_____	_____
_____	_____
2	_____
_____	_____

Out of room? Grab some more paper or the last page to write & draw more!

3 Make a HYPOTHESIS

A **hypothesis** is an educated guess. After observing your **2 sites**, try to answer your question?

Example: *Site 1 looks healthier because more plants grow there.*

Guess:

Collect Samples



SAFETY FIRST



Be sure to wear **SHOES** that cover your toes, **WORK GLOVES** to protect your hands & **GOGGLES** or **GLASSES** to protect your eyes. **LOOK** around you & **COMMUNICATE** to your partner before you act.

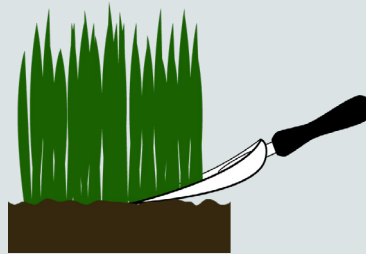
4

Do an EXPERIMENT

Follow these **steps** to collect your **soil samples**. Be sure to have your **pencil** and **notes** ready to keep a record.



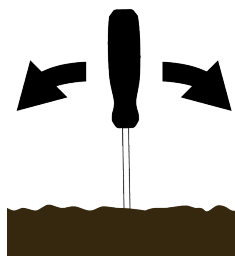
Carefully **remove** any plants growing on the surface of the soil sampling site.



Set it to the side and **replace** it once you have removed the sample.



Loosen the soil and then scoop enough material to fill **1/3** of your jar.



x2



Use your **marker** to label & record the **time**, **date** & **location** for *each* of the samples on the **lid** and the **jar** as you go.

TIME:

DATE:

LOCATION:

NOTES:

TIME:

DATE:

LOCATION:

NOTES:

What did you see in the soil when you removed the sample?

Shake 'Em Up!

Draw a line with a marker on the outside of your jars. Try to make them even. Then *fill your jars* with water to the line.

Close the lid *tight!* Then *vigorously shake* each jar making sure the soil inside breaks up leaving no clumps.

Let sit for at least 1 HOUR to let the soil settle.

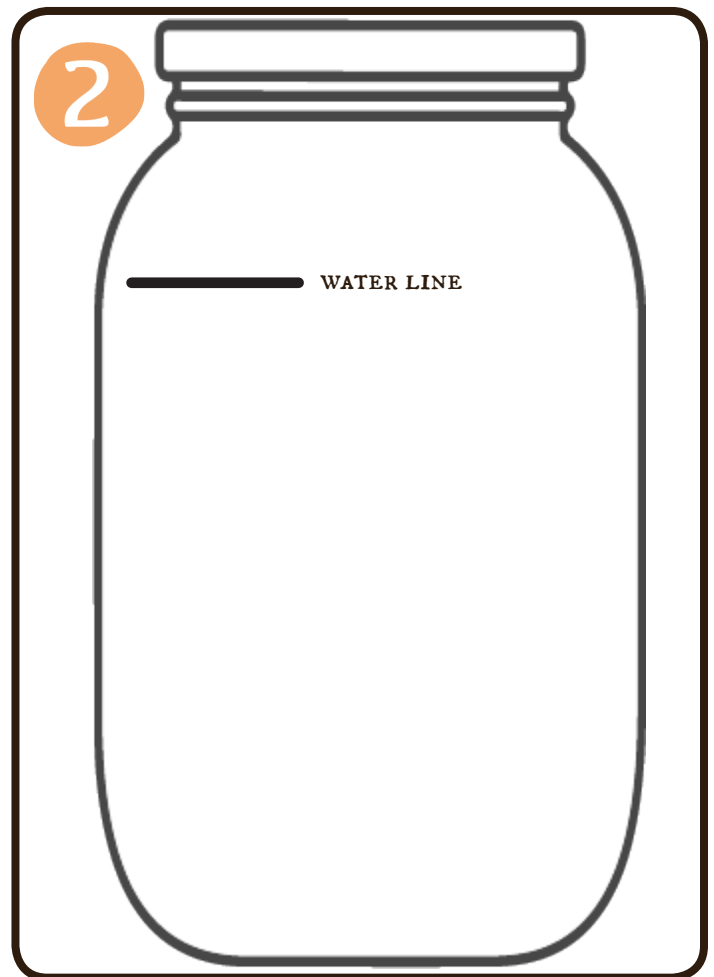
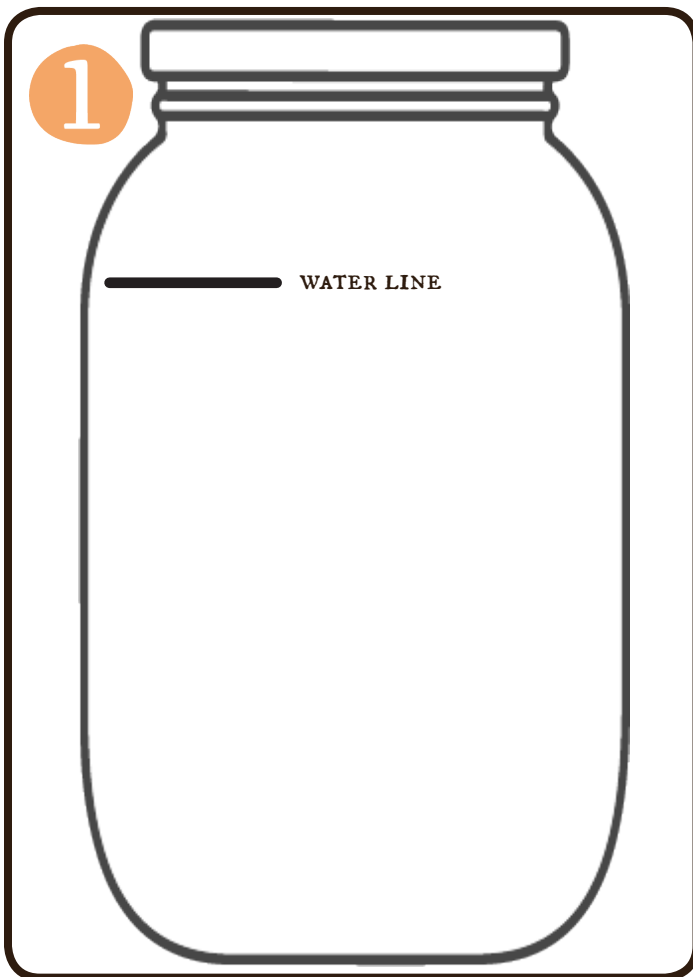


Clay is the lightest and will be on **top**.



Sand is the heaviest and will settle to the **bottom**.

Draw what you see in your jars, color & label the layers.



Do you see anything *floating*? Draw the pieces and try to guess what each is. Notice the differences.

Analyze & Conclude

5 Make a **CONCLUSION** using **reason**. A **conclusion** is a judgment you make after doing the **experiment**, **observing** the results, and **comparing** them to your previous **knowledge**. It's what you **learned**.

Repeat your HYPOTHESIS

Guess:

Rewrite your **hypothesis** from **STEP 3** and compare it to your experiment results. Were you right, or not quite? Maybe you were partly right. *That's OK!* That's how scientists **learn**. Did you answer your original **questions**? Write what you **learned** here.

Conclusion:

What **questions** do you have now that you're done?

Come back to your jars in **24 hours** and see what's changed. Or, try taking *more samples* to learn more!

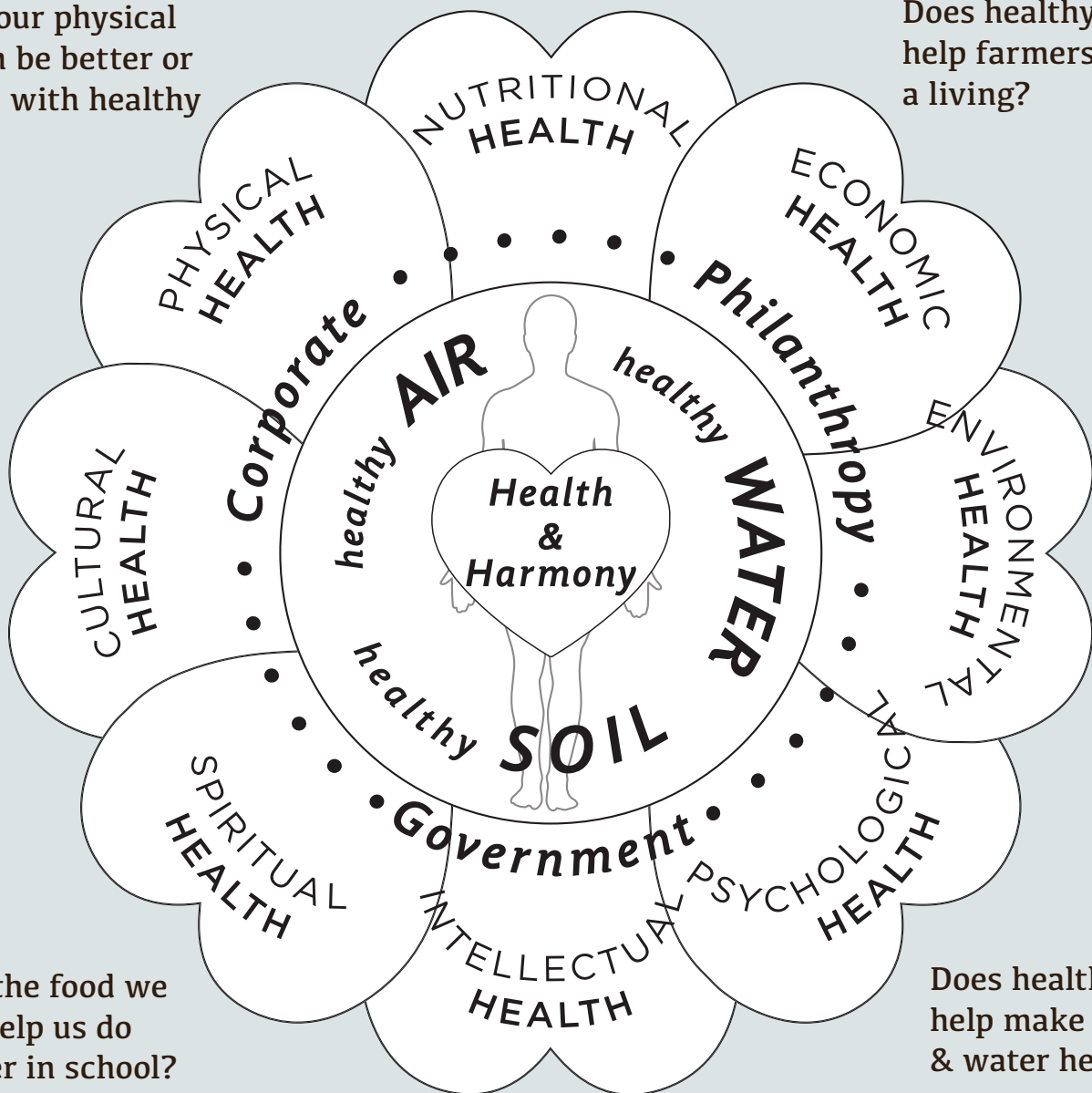
Coloring Activity!

Apply what you have learned

This is a **Circle of Health & Harmony**. It shows all the ways we can be *healthy*. Circle the word **SOIL** and color in all the hearts you think relate to *healthy soil*!

Can your physical health be better or worse with healthy soil?

Does healthy soil help farmers make a living?



Can the food we eat help us do better in school?

Does healthy soil help make our air & water healthy?

SHARE YOUR FINDINGS! [CLICK HERE TO SUBMIT YOUR RESULTS](#)

You're almost a **JA Biztown Deputy Health Researcher!** Submit today to receive your own **Circle of Health & Harmony** pin.

MY NOTES